



## Atlantic Salmon (Antarctic Region)

100% Antibiotic Free  
No added hormones  
ASC Certified

# Atlantic Salmon (Antarctic region)

Raised in the pure waters of Tierra del Fuego, Toppits premium-quality Atlantic Salmon comes from a sustainable and an all-natural environment, antibiotic and pesticides free. Sourced from low and stable water, it has a unique, rich flavour with succulent buttery profile. Its firm yet delicate texture melts in your mouth, offering a superior eating experience.



## Features & Benefits

- 100% antibiotic free
- Free of growth hormones and steroids
- All farm and net cleaning done by hand
- ASC Certified
- Year-round supply
- Mild taste, moist and buttery texture, moderate firm with large flakes, bright colour

## Preparation Instructions

**Thawing Instructions:** Lay portions in a single layer on a shallow baking pan, cover and allow to thaw in fridge overnight.

**Cooking Instructions:**

**Conventional Oven:** Preheat oven at 450°F (230°C), cook the salmon portion for approximately 12-13 minutes or until internal temperature reaches 158°F (70°C). Cook from frozen for 24-27 minutes.

**Convection Oven:** Preheat oven to 350°F (180°C), cook the salmon portion for approximately 10-11 minutes or until internal temperature reaches 158°F (70°C). Cook from frozen for 19-22 minutes.

Nutrition Facts	
Valeur nutritive	
Per 100 g / par 100 g	
Amount Teneur	% Daily Value % valeur quotidienne
<b>Calories / Calories</b> 210	
<b>Fat / Lipides</b> 13 g	<b>20 %</b>
Saturated / saturés 3 g	
+ Trans / trans 0 g	<b>15 %</b>
Polyunsaturated / polyinsaturés 3.5 g	
Omega-6 / oméga-6 1 g	
Omega-3 / oméga-3 2.5 g	
Monounsaturated / monoinsaturés 3.5 g	
<b>Cholesterol / Cholestérol</b> 55 mg	
<b>Sodium / Sodium</b> 60 mg	<b>3 %</b>
<b>Carbohydrate / Glucides</b> 0 g	<b>0 %</b>
Fibre / Fibres 0 g	<b>0 %</b>
Sugars / Sucres 0 g	
<b>Protein / Protéines</b> 20 g	
Vitamin A / Vitamine A	2 %
Vitamin C / Vitamine C	6 %
Calcium / Calcium	2 %
Iron / Fer	2 %

Item	Description	Brand	Origin	Pack	SCC
SALPC14639	ASC Atlantic Salmon 6 oz Portions (Centre-Cut, Skinless/Boneless)	Toppits	Chile	1/10 lb	10068689146393
SALPC14638	ASC Atlantic Salmon 6 oz Portions (Centre-Cut, Skin-on/Boneless)	Toppits	Chile	1/10 lb	10068689146386

301 Chrislea Road  
Vaughan, ON L4L 8N4  
Tel: 905-850-8900  
Fax: 905-850-8910  
marketing@toppits.com



Follow @toppitsfoods



www.toppits.com